

Yasin Alek

(Israel)

Yasin Alek, meaning "God bless you," was choreographed by Sefi Aviv to a Yemenite folk tune.

Pronunciation:

Cassette: Israel Yakovee '94

4/4 meter

Formation: Circle, facing LOD (CCW), hands in W-pos.

Cts

Pattern

INTRODUCTION

PART I

- 1-2 Balance R, L.
- 3-4 Touch R heel fwd; touch R toe fwd.
- 5-8 Backward Yemenite R.
- 9-16 Repeat cts 1-8 with opp ftwk and direction.
- 17-18 Balance R, L.
- 19-20 Brush and lift R leg in front of L, knee bent; slight hop on L.
- 21-22 Step on R across in front of L; step on L to L.
- 23-24 Sep on R across in front of L making a full CCW turn in RLOD; hold.
- 25-28 Face ctr and repeat cts 17-20 with L, moving in LOD.
- 29-30 Step on L across in front of R; step on R to R.
- 31-32 Step on L across in front of R; hold.
- 33-64 Repeat cts 1-32.

PART II

Section 1: Face ctr, hands in V-pos.

- 1-4 Step on R to R; slight hop on R; step on L behind R; slight hop on L.
- 5-8 Step on R to R; slight hop on R. step on L across in front of R; slight hop on L.
- 9-16 Yemenite R, L.
- 17-32 Repeat cts 1-16. On cts 29-32, turn 1/4 CW to face LOD.

Section 2: Face LOD, hands in V-pos.

- 1-2 Balance R, L.
- 3-4 Brush and lift R leg in front of L, knee bent.
- 5-6 Step on R across in front of L; step on L to L, moving into ctr.
- 7-8 Step on R across in front of L making a full CCW turn in place.
- 9-12 Yemenite L.
- 13 Balance R to R.
- 14-16 With 2 steps (R, L), full turn CCW in place; hold.
- 17-24 Facing LOD, repeat cts 1-8 with opp ftwk (beg L), moving away from ctr, without a turn.
- 25-32 Yemenite R while turning CCW to face ctr; Yemenite L.

PART III

Facing ctr, arms lifted, palms facing to ctr, bouncing steps.

- 1-8 Step fwd on R diag to R; hold; step on L across in front of R; hold; step bkwd on R; hold; step on L to L; hold. (Walk in a box.)
- 9-16 Repeat cts 1-8.
- 17-18 Sliding step on R to R; close L to R with wt.
- 19-20 Step on R to R, pivoting 1/2 CCW; slight hop on R, end facing out.
- 21-22 Facing away from ctr, repeat cts 17-18 with opp ftwk and direction.
- 23-24 Step on L to L, pivoting CCW 1/2 to face ctr; slight hop on L in place.
- 25-32 Facing ctr, Yemenite R, L.
- 33-64 Repeat cts 1-32.

Presented by Israel Yakovee